



ATHENS – Final Report

Month/Year: November 2025

Code and name of the course: Energy Sources, Conversion and Storage (WUT11)

Host University: Warsaw University of Technology

Course Language: English

Dates: 15.11.2025 – 21.11.2025

Student: Adrián Laco

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Transport:

Means of transport (+ price):

- Train from Prague hl. n. to Warszawa Gdanska (510 CZK)
- Train from Warszawa Centralna to Prague hl. n (623 CZK)
- (bought about 6 weeks in advance)
- In Warsaw 3x Bolt – evening arrival in Warsaw + bad time management on the first day (463 CZK)

Local transport:

- Warsaw public transport (metro, trams, buses, trains)
- Tickets purchased in the Jakdojade application (it is also possible to buy paper ones at every busy stop)
- 2 three-day and one one-day tickets were enough for the entire stay (2x 18 PLN + 7.5 PLN)
- 248 CZK (converted)

Accommodation:

- Shared accommodation with two other participants from UCT (3026 CZK per person for 7 nights)
- One night in a hostel at the beginning of the stay – earlier arrival in Warsaw than the others (653 CZK)

Total accommodation costs: 3679 CZK

Food:

Waw Pho – Asian cuisine near the university

Bar Mleczny – a chain of restaurants offering traditional Polish cuisine, the food is average, but prices are around PLN 20

La Viet – an Asian restaurant near the university, offers a student discount

Pizza Przy Polytechnice – great pizza at a reasonable price right next to the university, plus a student discount
Browary Warszawskie – far from the university, more in your free time, a large selection of restaurants and bars under one roof
Arizona Burger via Glovo delivery – a great burger for only PLN 25
Black Kings Kebab – tasty kebab at a good price right in the center

Scholarship – the amount you have received: 5800 CZK

Please state in percentage: The scholarship covered 56 % of my expenses.

Course schedule (how it was organised):

The course was very well organized. I got the first information on the ATHENS website when I was assigned to the course. The second important email with information came about 3 weeks before the start of the course. At the beginning of the course, the organizers collect a fee of 175 PLN in cash for EDA activities. It is not necessary to change money in zloty in the Czech Republic, there is an ATM in the main building of the university that does not charge high fees and money can be withdrawn there too.

This course consists only of lectures and was not as interesting as the courses of my roommates, who also had the opportunity to work in the laboratory. It had very little in common with my studies at the University of Chemistry and Technology, but I am glad that I had the opportunity to learn something new from the field of energy. We finished every day at 14:30, so we had enough time for free time activities. The course ends with a final multiple choice test, which contained both easier and harder questions, but was manageable. A lot of things can be remembered just from the lectures.

EDA activities included a joint dinner on the first day, a concert by the Warsaw Philharmonic, a student party and an Urban Game. I appreciate the choice of activities and really enjoyed them. The Urban Game could have been organized a bit better, it was just walking around the sights without any tasks to complete.

Spare time:

Since we finished at 2:30 PM everyday, there was plenty of time to explore Warsaw, meet students from other universities, or hang out with friends. Warsaw is a very nice city that is worth visiting. It combines modern architecture with traditional, has a well-maintained city transport, and despite the large population, you don't feel cramped.

Overall Evaluation:

I rate the ATHENS program as well as my course positively. It was very well organized, combining a healthy amount of learning and free time. However, if I had to choose again, I would choose a more interactive course. However, in general, I am satisfied with the whole week and would definitely repeat it again.